

### **National Immunization Awareness Month 2021**

August is National Immunization Awareness Month (#NIAM). NIAM reminds us about the critical role vaccinations play in protecting our health and the community. This is a great time to contact your healthcare provider to see if you are up to date with your vaccines and get any vaccines you may need. If you do not have a healthcare provider, call [2-1-1 San Diego](tel:211).

COVID-19 has highlighted the important role vaccines play in keeping us healthy. We have all experienced what it's like to be vulnerable to illness. This pandemic reminds us how serious diseases are and the impact they can have when people do not have protection through natural immunity or vaccines. Diseases affect our health, our well-being, and our community. Vaccines are available to help prevent many diseases. Make sure you are protected and up to date on your vaccines.

Join us in this month-long observance to raise awareness about immunizations and the value of getting vaccinated. Promoting vaccines and getting vaccinated contributes to the *Live Well* vision of creating a Healthy, Safe, and Thriving San Diego County. Get vaccinated for your health, the health of your family, and the health of your community. Stay healthy San Diego!

**For more information, visit <https://tinyurl.com/ImmunizationMonth-SD>**